



P7-S4 Kinect Material Sunday 29th March 2020

OVERVIEW

We are currently using Dear Theo a version of Luke and Acts specifically designed to be engaging to younger teenagers. You may find it useful to look through the first few pages (each young person should have access to a copy - please let us know if you don't), especially the Reading Plan and 5 Questions to think about. It would be great if you could encourage one another during these sessions. This weeks sections is focusing on Jesus on the Cross and his crucifixion and is part of our Easter lead up.

Section 1 - Conversation with the Bible using 2 simple questions

This is our Bible engagement section, each young person should have been given a copy of Dear Theo. It would also be useful to have pens, pencils, post it notes etc to allow the young people to engage with the text. There are no silly questions here - and it is okay to say that we don't know the answer to their questions, you can always look them up together.

Explain that the part of 'Dear Theo' that you are going to read soon has two people in it who had loads and loads of questions. In the Bible we often find that it is through questions that people get to know God better, asking questions is a good thing! Without questions we wouldn't find out about the world around us, ourselves, or ever build relationships with other people. When the Bible was read out in Jesus time the next thing everybody did in the Synagogue was ask questions. Ask everyone to take a bundle of paper and a pen and to write ONE question on each bit of paper. Any questions they have about God, Jesus, the Bible. You can write down as many questions as you want but there should only be one question on each slip of paper. Give everyone 5 minutes to complete this, once everyone has written some questions (many or few!) put all the questions into a hat and take one out at a time and chat about it. You can chat about one question or many questions, everyone can help answer the questions.

Read the story from Dear Theo together. Page Page 129 (That same day...) to page 131 (...broke the bread)

Have quality pens available and invite the young people to doodle/mark the book as you read together, encouraging them to circle/underline/highlight (whatever they prefer) the following things...

1. Things they don't understand and want to chat about
2. Things that they like and want to remember

After you have read together enjoy chatting through each other's responses to these questions as you explore and wonder about this part of the Bible together.

Section 2 - Conversation with the Bible using different learning styles

Option 1 - Reflective

Lectio Divina is an ancient spiritual practice from the Christian Monastic tradition that allows us to experience the presence of God through reading and listening, prayer, meditation and contemplation. It offers us a quiet space in a very noisy world. This zone should take place in a location that is quiet and has enough space for everyone to lie out comfortably without being disturbed by others round about them. Explain what the steps in the process are before you lead them through. This activity may seem odd and unusual, but may become a significant way they can engage with God's word. It may take a few times for them to become comfortable with what they are doing.

RELAX Ask everyone to find a space in the room to sit down and relax, explaining that we are simply going to listen to the Bible and find out what God might be saying to us today from it. The Bible isn't just like any other book, it is a book in which we can find out what God is like, how he wants us to live, and what he wants us to say to him. Say a simple prayer asking God to speak to us through the Bible today.

READ from "Jesus asked them..." to "...with us on the road?" (page 129 – 131) read it slowly and carefully.

MEDITATE Ask everyone to think of one word or phrase that captured their imagination, that meant something to them. Think about that word or phrase. What does it make you feel like? What does it make you hope for? You might think of lots of different things, just let them play around in your head.

READ the same part of the Bible as before.

PRAY Give out paper and pens at this point and invite people to use these (if they want) to write down a prayer as they tell God about the words, phrases or ideas that grabbed their attention in the passage. Talk to God about how they have been thinking and feeling and how you hope he might use these words to change them.
READ the same part of the Bible as before.

CONTEMPLATION Invite the people in the group to share in pairs or in a larger group what they have been thinking and praying about, what ideas and words has God put in their minds, what have they thought and felt.

READ the same part of the Bible as before.

FINISHING OFF Allow a few seconds of silence and then pray a simple prayer asking God to be with us as we go from this place knowing that He is with us and loves us.

Option 2 - Active

Provide or make plain cupcakes and using various icing pens, chocolate and coloured sprinkles, and mini eggs invite everyone to wash their hands and to start decorating the cakes in a way that shows Jesus is alive e.g. an Easter egg, lots of colour, an empty cross – don't be too prescriptive!

As you make them chat about the story together using these questions...

- What did you like about the passage?
- What didn't you like about it?
- What did it teach you about God?
- What did it teach you about yourself?

Once all the cupcakes are decorated discuss how they would pass on the message that they think is at the heart of this bit of the Bible using their cupcake.

OR

Using the internet research various paintings that have been done over the centuries of "The Road to Emmaus". Using water- colour paints, good quality paper, and water and invite them to paint their own picture of this story. Chat about the following questions as everyone paints...

- What does this story mean to me?
- How has God spoken to me through it?
- How can I be different because of what God has said?
- How can this part of the Bible change the world and those around me?

Pray together to close your session.